

**SUNDAY SOCIAL - MEDIUM**

**@ 33 Miles**

**Dir Miles HILLY Dist**

L	0.0	IRVINE CENTER DR / MOULTON	7.3
R	7.3	EL TORO	3.0
L	10.3	LAGUNA CANYON	3.2
R	13.5	CLIFF	0.1
R	13.6	ROSA BONHEUR	0.1
R	13.7	CYPRESS	0.0
L	13.7	MONTEREY	0.5
L	14.2	HIGH	0.0
R	14.2	HILLCREST	0.5
L	14.7	Unmarked (LEDROIT)	0.1
R	14.8	PCH	4.9
R	19.7	POPPY	0.3
L	20.0	5th ST.	0.4
S	20.4	Bike Trail at JASMINE	0.2
R	20.6	GOLDENROD	0.5
R	21.1	CROWN	0.4
L	21.5	SAN JOAQUIN	0.2
R	21.7	Before SAN MIGUEL	0.1

**FOOD / REST STOP**

**GELSON'S MARKET**

**SAN MIGUEL & SAN JOAQUIN HILLS**

**NEWPORT BEACH**

**return to Deerfield Park**

R	21.8	SAN MIGUEL	1.5
R	23.3	FORD	0.1
L	23.4	PRAIRE	0.1
L	23.5	BONITA CANYON / EASTBLUFF / UNIVERSITY	4.7
L	28.2	HARVARD	3.9
R	32.1	IRVINE CENTER DR	1.0
L	33.1	DEERWOOD	0.1

**QUESTIONS / COMMENTS**

**RIDECOORD@BIKEIRVINE.ORG**

**SUN13M1**

**SUNDAY SOCIAL - LONG**

**@ 44 Miles**

**Dir Miles 1300' CLIMB Dist**

L	0.0	IRVINE CENTER DR / MOULTON	7.3
R	7.3	EL TORO	3.0
L	10.3	LAGUNA CANYON	3.2
R	13.5	CLIFF	0.1
R	13.6	ROSA BONHEUR	0.1
R	13.7	CYPRESS	0.0
L	13.7	MONTEREY	0.5
L	14.2	HIGH	0.0
R	14.2	HILLCREST	0.5
L	14.7	Unmarked (LEDROIT)	0.1
R	14.8	PCH	3.7
R	18.5	NEWPORT COAST	2.7
L	21.2	SAN JOAQUIN	0.2
R	21.4	NEWPORT RIDGE	0.9
R	22.3	TERRACE RIDGE	0.1
S	22.4	Around Barrier	0.1
R	22.5	EL CAPITAN	0.4
R	22.9	SPY GLASS HILLS RD	0.7
L	23.6	SAN MIGUEL	0.5
R	24.1	PORT SUTTON	0.1
L	24.2	NEWPORT HILLS W	1.3
R	25.5	FORD	0.5
R	26.0	SAN MIGUEL	1.5
L	27.5	BAYWOOD DR	0.1

**FOOD / REST STOP: GELSON'S MARKET  
SAN MIGUEL & SAN JOAQUIN HILLS  
NEWPORT BEACH**

R	27.6	SAN JOAQUIN HILLS	1.6
L	29.2	BACK BAY	1.0
R	30.2	JAMBOREE	0.2
R	30.4	PCH	1.0
R	31.4	DOVER	0.7
R	32.1	WESTCLIFF	0.3
R	32.4	WESTWIND / POLARIS	0.6
R	33.0	GALAXY	1.3
R	34.3	SANTIAGO	0.2
R	34.5	IRVINE / BIKE TRAIL	2.7

**(go East on Upper Back Bay Bike Trail;  
then South on Trail next to JAMBOREE)**

L	37.2	UNIVERSITY	1.8
L	39.0	HARVARD	3.9
R	42.9	IRVINE CENTER DR	1.0
L	43.9	DEERWOOD	0.1

**QUESTIONS / COMMENTS**

**RIDECOORD@BIKEIRVINE.ORG**

**SUN13L1**

**SUNDAY SOCIAL - LONG PLUS**

**@ 52 Miles**

<b>Dir</b>	<b>Miles</b>	<b>HILLY</b>	<b>Dist</b>
L	0.0	IRVINE CENTER DR / MOULTON	7.3
R	7.3	EL TORO	3.0
L	10.3	LAGUNA CANYON	3.2
R	13.5	CLIFF	0.1
R	13.6	ROSA BONHEUR	0.1
R	13.7	CYPRESS	0.0
L	13.7	MONTEREY	0.5
L	14.2	HIGH	0.0
R	14.2	HILLCREST	0.5
L	14.7	Unmarked (LEDROIT)	0.1
R	14.8	PCH	3.7
R	18.5	NEWPORT COAST	2.7
L	21.2	SAN JOAQUIN HILLS RD	0.2
R	21.4	NEWPORT RIDGE	0.9
R	22.3	TERRACE RIDGE	0.1
S	22.4	Around Barrier	0.1
R	22.5	EL CAPITAN	0.4
R	22.9	SPY GLASS HILLS RD	0.7
L	23.6	SAN MIGUEL	0.5
R	24.1	PORT SUTTON	0.1
L	24.2	NEWPORT HILLS WEST	1.3
R	25.5	FORD	0.5
R	26.0	SAN MIGUEL	1.5
L	27.5	BAYWOOD DR	0.1

**FOOD / REST STOP: GELSON'S MARKET  
SAN MIGUEL & SAN JOAQUIN HILLS  
NEWPORT BEACH**

R	27.6	SAN JOAQUIN HILLS RD	1.6
L	29.2	BACK BAY	1.0
R	30.2	JAMBOREE	0.2
R	30.4	PCH	4.4
R	34.8	BROOKHURST	2.7
R	37.5	ADAMS	1.0
R	38.5	PLACENTIA	1.5
L	40.0	VICTORIA / 22nd ST.	2.3
L	42.3	IRVINE / CAMPUS	4.4
L	46.7	UNIVERSITY / JEFFREY	4.4

**( Use JEFFREY Bike Trail over 405-Fwy )**

L	51.1	IRVINE CENTER DR	1.0
R	52.1	DEERWOOD	0.1

**QUESTIONS / COMMENTS**

**RIDECOORD@BIKEIRVINE.ORG**

**SUN13LP1**